

Parish of Mottingham St Andrew with St Alban

Prayers for Home for Morning, Noon, Evening & Night

Morning Prayers

In the name of the Father and of the Son and of the Holy Spirit, one true God to whom be glory, and on us mercy and compassion for ever and ever. Amen

Holy, holy, holy Lord, God of power and might, Heaven and earth are full of your glory, Hosanna in the highest.

Holy God, Holy and strong, Holy and immortal, have mercy on us, have compassion on your people, and pardon our weaknesses, because your holy name is forever. (3 times)

We arise today through the strength of the holy and we gird ourselves with the presence of God. God's strength to comfort me, God's might to uphold me, God's wisdom to guide me, God's eye to look before me, God's ear to hear me, God's movement to speak to me, God's hand to lead me, God's way to lie ahead of me. God's shield to protect me. Amen

A choice of Psalms (1 or 2 a day, as wished)

Mon 51: 1-17; 63: 1-8; 113; 86; 96

Tues: 6; 27; 100; 25; 97

Wed: 130; 103; 102; 98

Thur: 32; 33; 38; 36: 5-9; 99

Fri: 22; 138; 69 (omit 222-28); 93

Sat: 40; 23; 146; 143; 145

Sun: 95; 118; 95; 66; 67

Reading or meditation of own choice: currently, in the Lenten Season, John's Gospel is the lectionary focus, half a chapter or so a day, starting at John 5:31-end, but as one chooses.

Creator of the morning, who drives out the darkness and brings light & joy to all creation, create in us habits of virtue and integrity, and drive far from us all the darkness of danger and sin. Creation is full of light; give your light also to our hearts that we may praise you all the day long. Light which gives light to all creatures, give light to our minds that we may thank you. May the blessed light of morning give us joy through the glorious rays of your grace, Lord our God for ever and ever. Amen.

Grant to us, O Lord this day, compassion in our hearts, wisdom in our minds, strength and healing in our bodies, simplicity in our spirits, and trust in your presence. Amen.

Our Father...

We place hands in yours Lord, we place our hands in yours.
We place our wills in yours Lord, we place our wills in yours.
We place our thoughts in yours Lord, we place our thoughts in yours.
We place our lives in yours Lord, we place our lives in yours.
We place our souls in your Lord, we place our souls in yours. Amen.

Let us bless our Lord Jesus Christ, giving thanks to God the Father through Him. Amen.

Noon Prayers

Awaken us, O Lord Jesus Christ, to your presence. Alert us to your love. Affirm us in your peace. Open us to your way. Reveal to us your joy. Enfold us in your light. O make our hearts ready, Lord, O make our hearts ready. Amen.

Psalm: choose from 120, 121, 122, 123, 124, 125, 126, 127, 128, 131, & 133.

Reading: a chapter from Proverbs, according to the date.

Bless us, Lord, now in the middle of the day. Be with us and all who are dear to us and everyone we meet. Keep us safe, and in the spirit of your Kingdom, joyful, simple, humble and merciful. Amen.

Christ be with us; Christ within us; Christ behind us; Christ before us; Christ awaken & restore us. Amen.

Lord our God, you renew the face of the Earth, and bring new life to our world. Restore the water, refresh the air, revive the land, breathe new life & protection into all your creation, and begin with us. Amen.

Our Father...

May the peace of God which passes all understanding keep our hearts and minds in the knowledge and love of God, and of his Son, our Saviour Jesus Christ. Amen.

Evening/Night Prayer – you might like to light a candle of hope in your window at 7pm.

The Lord almighty grant to us a quiet evening and night and a perfect end. O God make speed to save us. O Lord make haste to help us.

Revealer of light, enlighten us; revealer of hope, encourage us; revealer of joy, enliven us; revealer of justice, engage us; revealer of love, enfold us; revealer of life, envision us.

Psalm: choose from 134, 91 or 139, verses 19-22

Bible Reading from Isaiah or Paul's Letters for meditation and reflection.

Into your hands I commend my spirit, you have redeemed me O Lord God of truth. Keep me as the apple of your eye. Hide me under the shadow of your wings. Save us O Lord while waking, guard us sleeping, that awake we may watch with Christ, and asleep we may rest in peace.

Visit this place, O Lord, we pray, and drive far from it all the snares of the enemy; may your holy angels dwell herein and guard us in peace, and may your blessing be upon us ever more, through Jesus Christ our Lord. Amen.

Lighten our darkness, Lord we pray; and in your great mercy, defend us from all the perils of this night, for the love of your only Son, our Saviour, Jesus Christ. Amen.

Deep peace of the quiet earth to us; deep peace of the gentle air to us; deep peace of the setting sun to us; deep peace of the evening's moon to us. Deep peace of the Sacred Three to us, now and for evermore. Amen.